

# NEWSLETTER - MAY 2021

Website: <https://harpnorthwest.org.uk/>

Facebook: <https://www.facebook.com/HarpsNorthWest>

Editor: Gill Salter-Smith. [events@harpnorthwest.org.uk](mailto:events@harpnorthwest.org.uk)



## A message from our Convenor, Carol Coldwell

Hello all,

Here we are at the beginning of May and the weather is still freezing! I hope you're all enjoying the extra workshops and playing sessions this spring. Thank you to Zoom and the HNW management team for making them possible.

Our judges for the Inaugural Composition Competition, Shelley and Lauren, are in the process of looking at all the entries and we hope to have a result by June. Susan Lambert is going to have all the entries put together in a booklet that will be available to all HNW members and other harpists. As I'm sure you're all aware, the Lockdown Road Map is showing that meetings indoors for up to six people and non-professional rehearsals for greater numbers in 'Covid-secure' community settings will be possible after the 17th May (See advice from Making Music below), and by June 21st we may be able to fully resume live playing sessions. The HNW team are exploring ways of bringing future live events to those members who are unable to attend in person either using Zoom or by recording a session. However, we hope to see you many of you in the flesh soon?



The date for the 2022 HNW Harp Festival has been decided with a provisional booking at the University of Cumbria, Ambleside, for the last weekend in July, Friday 29<sup>th</sup> to Sunday 31<sup>st</sup>. We hope that many of you will be able to come to at least part of the weekend, if not all of it. Wouldn't it be brilliant if all of our 100+ members could attend at least some of it? **Carol**

## HNW Dates for the Diary 2021 – all times are BST/UTC+1

HNW live events are starting up soon. **See the advice below from Making Music on how non-professional music groups in England are able to resume playing /rehearsing together indoors over the coming weeks.** We welcome donations from members (£5 suggested) where we need to cover costs for tutors and music arranging. Non-members, who wish to join a session, please join Harps North West. (£20 to cover membership from May '21 until the end of June 2022). This covers the first session and entitles you to join all sessions thereafter as a member. The membership form is on the website. Find details of how to make donations at the end of this newsletter.

Sat 8 <sup>th</sup> May No need to sign up. <b>Donations from members welcomed.</b> Please use <b>CLASSICS</b> and your name as a reference. Non-members please join HNW.	<b>Play-Along Session - Favourite Classics. Tutor: Susan Lambert</b> Susan Lambert will lead a range of popular classical pieces. All members will be sent the music and a Zoom meeting invitation beforehand. See below for more details.	Zoom 10:00-12:00
Sat 8 <sup>th</sup> May	<b>Committee Meeting</b>	Zoom - 13:00-14:30
Sat 22 <sup>nd</sup> May <b>Please sign up for this Zoom session or access to the recording. Donations from members welcomed.</b> Please use <b>LUCY N</b> and your name as a reference. Non-members join HNW.	<b>Workshop - Tutor: Lucy Nolan</b> <b>A Classical Arrangement: O Mio Babbino Caro, Puccini</b> Lucy brings with her a depth of teaching and performance experience. Members who sign up will be sent the sheet music a few days beforehand. To access the Zoom link and/or the recording, <b>please sign up</b> by contacting Mandy on <a href="mailto:events@harpnorthwest.org.uk">events@harpnorthwest.org.uk</a>	Zoom 15:00-17:00
June Date <b>TBA</b> No need to sign up. All members will be sent the Zoom link and sheet music.	<b>NEW EVENT The HNW Inaugural Composition Competition - Judges Announcement.</b> The judges, Shelley Fairplay and Lauren Scott, announce the outcome of the competition. Launch of the HNW book of tunes created by members! A chance to play along.	Zoom 15:00-17:00
Sat 26 <sup>th</sup> June No need to sign up. <b>Donations from members are welcomed.</b> Non-members please join HNW.	<b>FIRST HNW LIVE EVENT FOR A WHILE!</b> <b>Workshop – Tutor: Mary Dunsford</b> <b>Kulning – Swedish Cattle Songs</b> More detail below. There may be a recording available of this workshop	Over Kellet Village Hall. LA6 1DU Tuning from 10:00 Session 10:30-12:30
Sat 26 <sup>th</sup> June Fee £25. <b>To book</b> contact Mandy on <a href="mailto:events@harpnorthwest.org.uk">events@harpnorthwest.org.uk</a>	<b>NEW LIVE EVENT Absolute Beginners' Session. Tutor: Mary Dunsford</b> Harps, music stands etc are provided.	Over Kellet Village Hall. LA6 1DU Arrive 13:15 Session 13:30-16:30
July TBA	<b>Workshop - Resident Composer - Lauren Scott – second piece</b>	TBA

The Higham Hall Office will be open for bookings and enquiries to the public **weekdays only from Tuesday 4th May until fully opening on Monday 17th May.**

Mon 9 <sup>th</sup> to Wed 11 <sup>th</sup> August	<b>Higham Hall - A 'Weekend' with the Harp. LIVE</b> Tutors: Jan Bennett and Mary Dunsford. <a href="http://www.highamhall.com">www.highamhall.com</a>	Higham Hall, CA13 9SH
Fri 12 <sup>th</sup> to Sun 14 <sup>th</sup> November	<b>Higham Hall - A Weekend with the Harp. LIVE</b> Tutors: Ailie Robertson and Wendy Stewart. <a href="http://www.highamhall.com">www.highamhall.com</a>	Higham Hall, CA13 9SH

HNW holds a workshop, skills session or a play-along session for all members at least once per month. Recently these have been held on Zoom. We have held some of these sessions in the afternoons (15:00 BST/UTC+1) in order to give more opportunity to our international members to join in. Where possible, we will record sessions and make them available to members.

**AS SOME PLAYING GROUPS WILL BE CONSIDERING OPERATING LIVE FROM THE 17<sup>TH</sup> MAY, PLEASE TAKE NOTE OF THE GUIDANCE GIVEN BELOW FROM MAKING MUSIC AND THE HNW PROTOCOLS FOR PLAYING TOGETHER UNTIL PANDEMIC RESTRICTIONS ARE FULLY LIFTED. THESE ARE SET OUT AT THE END OF THIS NEWSLETTER.**

**PROPOSED WORKSHOPS, (postponed due to the pandemic).** We'll keep you informed of dates for these events once secured.

1. Full day: **Harps for Harmony Project** live recording of Pachelbel's Cannon in St Bees Priory, Cumbria. Director: **Mary Dunsford**
2. Half day live workshop: **Cumbrian Tunes** Tutor: **Jean Altschuler**
3. Full day live workshop: Tutor: **Rachael Gladwin**
4. Live play through: **Freshwater Tears** Tutor: **Lauren Scott.**

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### Making Music guidance.

<https://www.makingmusic.org.uk/resource/can-group-get-back-in-person>

### Step three of the English Road Map out of Lockdown (17<sup>th</sup> May earliest)

The Government guidance on [Reopening businesses and venues](#) says:

"At this step, both outdoor and indoor gatherings or events, organised by a business, charity, public body or similar organisations, can be organised, subject to specific conditions: that they comply with COVID-Secure guidance including taking reasonable steps to limit the risk of transmission, complete a related risk assessment; and ensure that those attending do not mix beyond what is permitted by the social contact limits (unless another exemption exists, such as for organised sport or exercise, supervised activities for children or a significant life event)."

So, indoor and outdoor rehearsals will be possible in step three with no formal limits on numbers but with some conditions:

- Completing a relevant risk assessment (see COVID secure rehearsals below).
- Having measures in place to mitigate risk (see COVID secure rehearsals below).
- Managing numbers safely within social contact limits: "those attending do not mix beyond what is permitted by the social contact limits..."
  - This means that the total number of people attending a rehearsal can be more than the social contact limit – but that they must always remain in sub-groups within social contact limits.
  - So, indoors the social contact limit at this step will be 6. If your venue would safely allow for 42 people (as an example) to attend, all 42 could attend but they would have to stay in a maximum of 7 sub-groups of 6 people. With no mixing / switching between the sub-groups.
  - Making Music advise that you go further than this and treat everyone as a sub-group of 1 – and don't allow for any mixing. This will mean your rules can be very simple and clear and make the rehearsal much easier to manage.

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Other Dates for a Harpist's Diary 2021 (Times are GMT/UTC + 1)	
Next session: Tues 4 <sup>th</sup> May 20:00 - 21:30	<b>Shelley Fairplay's Dynamic Harps Virtual Ensemble.</b> A free offering to all harpists to come together to enjoy our wonderful instrument and distract ourselves from COVID-19. Shelley also offers many other online courses. First Tuesday of the month for 2021 <a href="https://starharp.com/dynamic-harps-virtual-ensemble/">https://starharp.com/dynamic-harps-virtual-ensemble/</a> On Zoom and/or Facebook.
On-going. Online.	<b>New Orleans Jazz and Pop Harp Festival. Patrice Fisher, Rebecca Babin, Jesse Autumn.</b> <a href="http://www.neworleansjazzharp.com">www.neworleansjazzharp.com</a>
13 <sup>th</sup> – 16 <sup>th</sup> May Online	<b>The Harp Gathering.. Nicolas Carter, Robbin Gordon-Cartier, and Rachel Hair</b> From Archbold, Ohio, USA. <a href="http://www.harpgathering.com">www.harpgathering.com</a>
15 <sup>th</sup> – 16 <sup>th</sup> May Online	<b>Dutch Harp Festival</b> from Utrecht, Netherlands Who: TBD. <a href="http://www.harpfestival.nl">www.harpfestival.nl</a>
18 <sup>th</sup> – 20 <sup>th</sup> June Online	<b>Summer Harp Festival.</b> Join acclaimed harp tutors <b>Maeve Gilchrist (Scotland/USA), Michael Rooney (Ireland), Ailie Robertson (Scotland)</b> and <b>Erik Ask-Upmark (Sweden)</b> for a weekend of workshops and concerts. Book here: <a href="https://www.ailierobertson.com/summer-harp-festival/summer-harp-festival">https://www.ailierobertson.com/summer-harp-festival/summer-harp-festival</a>
22 <sup>nd</sup> - 25 <sup>th</sup> July	<b>Somerset Folk Harp Festival 2021 – online from USA.</b> <a href="https://www.somersetharpfest.com/index.shtml">https://www.somersetharpfest.com/index.shtml</a>
30 <sup>th</sup> July – 5 <sup>th</sup> Aug	<b>Ibacus Harp Course. Suffolk. Imogen Barford, Charlotte Seale.</b> <a href="http://www.ibacusharpcourse.com">www.ibacusharpcourse.com</a>
22 <sup>nd</sup> – 26 <sup>th</sup> Oct	<b>Harp on Wight International Festival 2021. Planning to go LIVE – all being well!</b> <a href="https://www.harponwight.co.uk/#">https://www.harponwight.co.uk/#</a>

## HNW EVENTS COMING UP

### Play-Along Session - Favourite Classical Pieces - Tutor: Susan Lambert Saturday 8<sup>th</sup> May 10:00 - 12:00 BST/UTC+1 on Zoom



Wolfgang Amadeus Mozart

Susan will lead us through a range of popular classical pieces.  
So far we have:

- Fur Elise, Beethoven – Arranged by Mary Dunsford with play-along video
- Pizzicati, Delibes – Arranged by Mary Dunsford with play-along video
- Slavonic Dance, Dvorak - Arranged by Mary Dunsford with play-along video
- Pachelbel's Canon in D - Any arrangement, play along with HNW Harps for Harmony video
- Minuet in F, Mozart - Arranged by Anna Crosby Gaudet
- Beethoven - Shepherd's Song, Pastoral Symphony – Arranged by Shelley Fairplay
- Brahms's Lullaby - Website [www.makingmusicfun.net](http://www.makingmusicfun.net)
- Mussettes Waltz - Puccini [www.makingmusicfun.net](http://www.makingmusicfun.net)
- ... and maybe more pieces selected by Susan!

Members will be sent the sheet music and the Zoom link in advance.

**No need to sign up. Donations from members to cover tutor and arranging fees are welcomed. Please use CLASSICS and your name as a reference. Non-members please join HNW.**



Giacomo Puccini

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### Workshop - A Classical Arrangement - O Mio Babbino Caro, Puccini Tutor: Lucy Nolan

Saturday 22<sup>nd</sup> May 15:00 - 17:00 BST/UTC+1 on Zoom



Starting with a short 'Finger Twisters' warm up, we'll see how far you can get in a progression of short quick exercises that get increasingly challenging for mind and fingers and help with strengthening and investigating just how much control you really have! We will then spend the afternoon looking at an arrangement of Giacomo Puccini's glorious aria, O Mio Babbino Caro, the melody of which translates beautifully onto the harp. There will be a range of parts and options as we go so depending on your level you can choose music to suit you and your harp best. **Lucy**

For more information about Lucy, visit her website <https://www.lucynolan.co/>

**To sign up for this session or the recording** please contact Mandy on [events@harpsnorthwest.org.uk](mailto:events@harpsnorthwest.org.uk)

**Donations to cover tutor fees are welcomed.** (Suggest £5 minimum). Thank you. Please use **LUCY N** plus your name as a reference.

**Non-members please join HNW.** Members who have signed up will be sent the music a few days beforehand.

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### The Harps North West Inaugural Composition Competition – a message from Susan Lambert Announcement from the judges – JUNE – date TBC

Hi everyone,

Thanks so much to everyone who engaged and took part in the **Bite-size Composition Project**, the **Composition Competition** and the **Lockdown Collection**. We had **14 entries** to the competition that are now with our lovely judges, **Shelley Fairplay and Lauren Scott**. We are hoping to announce the winners in June at a live Zoom session. We received **18 entries for the lockdown collection booklet and album**, which we hope to launch at the same time in June. There is still time to be involved in the book/album. If you would like to be involved, send over a piece of music. Absolutely anything is welcome from a couple of bars to a symphony! If you have an image or a story behind your composition, send that in too. All levels are welcome, whether you are a beginner and just trying your hand at composing for the first time, or a seasoned professional, it will be lovely to have a document of our time in lockdown. This could become an annual project and it will be lovely to see how our music develops.

Susan

The links to our Bitesize videos and pdfs will stay on our website so you can access them any time, you can find them here:

<https://harpsnorthwest.org.uk/composition-month/bite-size-composition.html>



Susan Lambert



Lauren Scott



Shelley Fairplay



## MONTHLY COMPOSITION CHALLENGE – MAY 2021!

Each month we will play around with a new idea or brief for something to try out. Last month we suggested "Changing a nursery rhyme", this month the challenge is to write a couple of bars only using **10ths as an accompaniment**. The bottom note is number one of a chord and the top note is number 10, you can count up the strings to find it. You might notice that it's the same note as the 3rd just more spaced out. Try moving that shape around to find a pattern you like. They are often played with a flat open hand so lend themselves nicely to dampening and staccatos.

If you'd like to send anything in or get in touch about ideas, etc., you can contact me at [online@harpnorthwest.org.uk](mailto:online@harpnorthwest.org.uk)

Happy composing!  
Susan

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## NEW LIVE EVENT - Workshop. Tutor: Mary Dunsford Kulning – The art of the ancient Swedish herding call Saturday 26<sup>th</sup> June - Over Kellet Village Hall. LA6 1DU

Tuning from 10:00. Session 10:30- 12:30



No need to sign up. Donations from members are welcomed. Please use KULNING and your name as a reference. Non-members please join HNW.

In this session we will explore a couple of these haunting sounding melodies in Mary's beautiful arrangements for the harp, inspired by Swedish artist Jonna Jinton's stunning Kulning. **Watch an example here:** <https://youtu.be/kon-h5Z5mdY>

The singing technique called "kulning" is an ancient Swedish herding call, that was used by women a long time ago to call home the cattle (the cows and the goats) back home to the farm in the evenings. It was also used as a form of communication, since the high pitch sounds can be heard through very far distances.



### A farewell song for my cow - Ancient Swedish Herding Call

So, another summer has passed. The green fields are turning yellow, and it's time for my cow Stjärna to go back to the farm during the winter. The farm is located in a village 15 km from here, so I will of course come and visit her.

[youtu.be](https://youtu.be/kon-h5Z5mdY)

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## HARPS FOR HARMONY 2020-21

HNW plans to hold a **live recording** of the piece being performed by HNW members in **St Bees Priory, West Cumbria, asap.**

### THIS EVENT WILL HAPPEN – JUST NOT SURE WHEN, but it is getting closer!

<https://www.harpnorthwest.org.uk/harps-for-harmony.html>

Please keep on sharing the video with your friends, family and contacts.

**Still time to practise and get involved.**

### The Project

**Pachelbel's Canon**, arranged by Sylvia Woods, taught by Mary Dunsford in the **2020 HNW JanNEWary Challenge.**

<https://harpnorthwest.org.uk/online-learning-links-/janewary-challenge-2020.html>

**28<sup>th</sup> March '20**, live recording postponed.

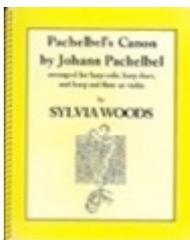
**1<sup>st</sup> May '20**, deadline for harpists' video submissions.

**19<sup>th</sup> June** Launch Day

<https://www.youtube.com/watch?v=Yyv1JTuu17o&feature=youtu.be>

**196** video clips. **109** harpists from across the globe. **19** young persons (youngest age 5)

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**The next live Harps North West Festival will be Friday 29<sup>th</sup> to Sunday 31<sup>st</sup> July 2022 at the University of Cumbria, Ambleside, The Lake District, Cumbria.**

**Watch this space for further festival news!**

# HARPS NORTH WEST NEWS - reports on recent events

## A tribute to Betty Balmain, a founder member of HNW, who sadly, passed away aged 91 in April this year



Eileen, Betty and Jean

In May 1993 a group of clarsach players got together aiming to arrange regular playing sessions, and also hoping to encourage interest and involvement from others. This led to the placing of an advertisement in the Cumberland News inviting anyone interested to "come and have a go". I did. Betty became Convenor of the group shortly afterwards, and was an excellent organiser. There were regular meetings, we played background music at various events and venues, and even put on a wee concert at Moffat, Scotland. Betty and I used to go together to the Edinburgh Harp Festival (not yet "International"). But my friendship with Betty flourished further through our love of gardening. Betty was a supreme horticulturalist. She had taught at Newton Rigg, (an Agricultural College in Cumbria) and I discovered recently that her papers are still referred to. She was always willing to come and help me with my large and unruly garden, turning up fork in hand to weed, and always bringing a plant or two. I learnt so much from her.

As the club grew, by now the Cumbria Branch of the Clarsach Society, it was realised that we needed to do some serious fundraising. I think it was almost certainly Betty who suggested a plant sale, and as my garden is people friendly, and conveniently next door to the village hall, we set to. Betty would make at least three trips, her car laden with plants, all raised from her tiny garden in Stainton, near Penrith. Everyone helped. Jane would come down with her marvellous marmalades, jams and chutneys, Jean came and played, and we served tea, coffee and biscuits from the village hall. Over the years we raised a considerable amount, and many people benefitted from those funds. Thank you Betty.

Betty had a very strong and secure faith. Always on parting she would say "God Bless", and you knew she meant it. God bless you, Betty.  
Caroline Ritchie

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## Play Along to Shelley Fairplay's tunes led by members of the HNW playing group, Red Rose Harps, and Mandy. Sunday 18<sup>th</sup> April



Twenty-two members joined this exhilarating session where we worked our way through six of Shelley's arrangements. We were joined by HNW members from far and wide. We welcomed Zhiqun, a new member based in Michigan USA, we had a spread of members from the Isle of Arran in Scotland, Dumfries and Galloway, East Midlands, deepest Lancashire and the usual bunch from Cumbria, north, south, east and west.

Today's Play Along was such fun! The selection of music was so pretty and uplifting. Each piece was so well led too; thank you leaders for allowing us to play at a lovely, sedate pace! Thank you very much. **Kath Wilson**

A great session yesterday and agree it will be wonderful to do some of Shelley's arrangements together when we can hear all the parts. **Francis Quinn**

Thanks every one for a lovely afternoon. Nice to finish with Shelley's video of Scarborough Fair so it felt like she was there too - only fitting as we'd been playing her pieces!! **Judy Sharps**

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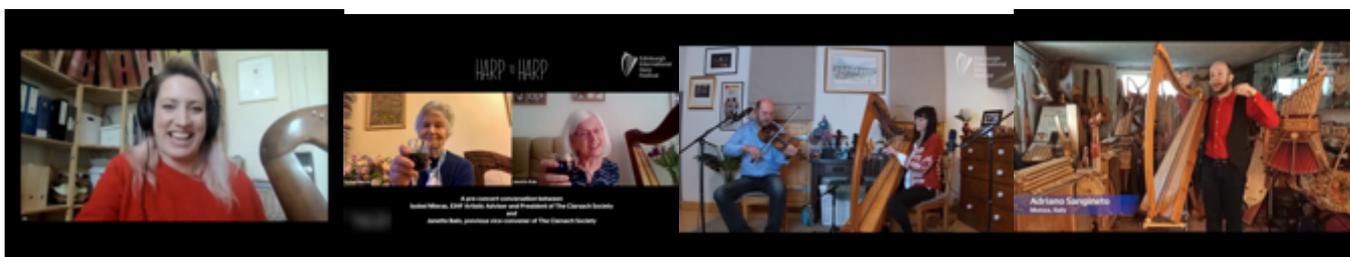
## Edinburgh International Harp Festival – April 2021



This week I had a fantastic time attending the EHF festival concerts, online. Well known and unknown players from many countries gave superb performances at lunchtime and evening events, held both at their homes and at the ancient Greyfriars Kirk in Edinburgh. It was great to see them all putting so much into their music even if they couldn't attend in person. Although I did miss being there and experiencing the atmosphere of live music, lack of audience didn't seem to diminish their enthusiasm.

I even bought the tea towels and music folio from their merchandising site and very good value they are. I also attended Ailie Robertson's workshop where she gave a very in-depth and comprehensive talk about using electronics, effects, recordings etc, with the harp. Very informative. I do hope she repeats this one as there was a huge amount of information to take in. (I may have to send her photo separately, as I think I've overloaded this email.) Anyway, I'll give it a go. Hope this works. **Eileen Bentley**

Hoping all those of you who participated enjoyed the festival as much as I did. It was great fun spotting the HNW members among the workshop and course participants. Thank you Eileen for your write up and great pictures. **Gill - editor**



## TIPS FOR HAPISTS

### A process of composition

Keeping to a theme of creativity and competition you may enjoy Anna Crosby-Gaudet's YouTube video that takes you through her own process of composition.

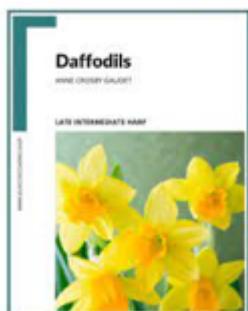
"How I compose my harp music."

[https://youtu.be/e3H1Tv\\_fHMI](https://youtu.be/e3H1Tv_fHMI)

The result is a lovely tune called Daffodils.

Available from ACG's website:

<https://musicdiscoveries.shop/collections/featured-harp-music/products/daffodils-harp>



### Take it Away!

### Interest free loans for musical instruments and equipment for all age groups.

<https://takeitaway.org.uk>

### Look after Your hands and fingers!

During a pleasant woodland walk on Easter Sunday I managed to trip over a bramble. No major damage – or so I thought! My ring finger on my left hand drooped a bit but it wasn't too painful. We strapped it to the next finger and continued. Once home I cut down a lollypop stick and strapped that over the joint and continued to play the harp. My harping friends urged me to get it looked at by medical professionals, but as it didn't hurt too much I did not do so immediately. Two and half weeks went by and it did not seem to get much better so I went to a minor injuries clinic. They were fantastic. After X-rays and a consultation with an orthopaedic specialist it turns out that I have badly bruised the tendon but fortunately it is still attached. It is likely that there is a tiny fracture too. I was strapped into a mallet finger splint and duly told off for not seeking medical help as soon as it happened. I am lucky that the tendon is still attached. It will recover and is already much better than it was. So not playing with the fourth finger of left hand for 6 to 8 weeks is the price for a simple trip. I miss playing properly, but can't wait to get back to full playing capacity.

Do take care!! Don't overlook any injuries to your hands and fingers – as a harpist they are too precious! I was lucky that the damage is not too serious and I will recover. **Gill - Editor**

## FOR SALE

### Harp Stool.

**FOR SALE Unused Harp Stool** as seen on Teifi Harps and Starfish Harps website Design in Harmony. It's too small for me and I left it too long to be able to ask for an exchange. Check out price new, purple heather tweed seat cover. A sensible offer only please.

**Keith Triplett**, a HNW member based in the South Lakes. Email: [k.triplett1946@pobroadband.co.uk](mailto:k.triplett1946@pobroadband.co.uk) Phone: +441539455015

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### Telynau Teifi Padded Harp Carry Case

For sale: £50

Excellent condition, includes a large pocket for music, tuner etc and has a two way zip, it's lightweight but protective with a reinforced base. The case is an all in one type, not a two-part case. On the Teifi website this case retails at £195. Approx measurements are height 120cm, widest cross measurement 60cm. Base measurements are 50cm across by 26cm depth. It's quite tricky to measure, but do email me if you require further details/phone number. **Cathryn**, a HNW member based in South Lakes: [wITHERSLACK01@ICLOUD.COM](mailto:wITHERSLACK01@ICLOUD.COM)

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### Lever Harp - 32 strings

32 string harp from low C to F above the stave. Made and signed by Merlin Maddock in 1985. All new strings and renovated pins. Simple hook levers.

This harp is easy to carry as it is light in weight and slim. Nice sound and a rare find. Cost £750.

Contact Ruth Wall on [ruth@ruthwall.co.uk](mailto:ruth@ruthwall.co.uk)



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## PLAYING GROUPS

Please contact group leaders to find out how each playing group is proceeding during these unusual times. Participating in a playing group adds to the fun of playing. The following are contacts for the HNW open playing groups:

**Harps Out West** is based on the west coast, near Gosforth, usually meeting on the Thursday morning before the 3<sup>rd</sup> Friday of each month. Contact Helen on [helenbrian@sky.com](mailto:helenbrian@sky.com)

**Harps South Lakes** are based in Ulverston and usually meet in the morning of the 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of each month. Contact Hazel on [hazeyhead49@gmail.com](mailto:hazeyhead49@gmail.com)

**Harps Up North** are based in Watermillock, usually meeting the first Thursday morning of the month. Contact Sue on [sue@dawbank.co.uk](mailto:sue@dawbank.co.uk) 01539 624636.

**Red Rose Harps** are based near Over Kellet, usually meeting on a Wednesday evening once a month. Contact Carol on [coldwellcarol@gmail.com](mailto:coldwellcarol@gmail.com)

A **NEW evening playing group** in the **North Lakes**, playing 7pm until 8.45pm at Braithwaite Hall near Keswick on the second Wednesday evening of each summer month was started in 2020 just before Lockdown One. Members will be informed when this group can restart. If you are interested, please contact Gill on [events@harpsnorthwest.org.uk](mailto:events@harpsnorthwest.org.uk).

## The MANAGEMENT TEAM from September 2020

Carol Coldwell	Convenor Harp Hire - overview	<a href="mailto:convenor@harpsnorthwest.org.uk">convenor@harpsnorthwest.org.uk</a>
Mandy Bartlett	Events: members' bookings	<a href="mailto:events@harpsnorthwest.org.uk">events@harpsnorthwest.org.uk</a>
Susan Lambert	Website & Facebook	<a href="mailto:online@harpsnorthwest.org.uk">online@harpsnorthwest.org.uk</a>
Cathrine Livesey		
Gill Salter-Smith	Vice Convenor Newsletter editor Higham Hall Link Membership Secretary - overview	<a href="mailto:events@harpsnorthwest.org.uk">events@harpsnorthwest.org.uk</a> <a href="mailto:higham@harpsnorthwest.org.uk">higham@harpsnorthwest.org.uk</a>
Linda Taylor		
Ann Woolley	Secretary Treasurer - overview	
Alison Stobbs – Not a committee member	HNW Administrator from Jan 2020 Treasurer - admin & support Harp Hire - admin & support Membership - admin & support	<a href="mailto:administrator@harpsnorthwest.org.uk">administrator@harpsnorthwest.org.uk</a> <a href="mailto:treasurer@harpsnorthwest.org.uk">treasurer@harpsnorthwest.org.uk</a> <a href="mailto:harphire@harpsnorthwest.org.uk">harphire@harpsnorthwest.org.uk</a> <a href="mailto:membership@harpsnorthwest.org.uk">membership@harpsnorthwest.org.uk</a>

Bank details for use when paying donations for HNW workshops.

**Bank: HSBC**

**Name of Account: Harps North West**

**Sort Code: 40-16-22**

**Account Number: 81806521**

For those paying HNW from outside the UK please use PayPal <http://paypal.me/HarpsNorthWest>

When paying by PayPal please choose the pay 'friends and family' option where possible to avoid charges.

### IMPORTANT NOTICE re Covid-19 restrictions

**HNW members attending 'live' events where legally acceptable, please adhere to the following HNW protocols based on government guidance and law.**

#### HNW PROTOCOLS FOR ATTENDING LIVE EVENTS IN COVID-SECURE SETTINGS

##### HANDS - FACE - SPACE

1. Please do not attend a live session if you are feeling unwell, have a temperature, a persistent cough or have recently lost your sense of taste or smell or if anyone in your household is similarly unwell.
2. Undertake your own risk assessment and only attend if you are happy to accept the risks. Take particular account of your personal health and situation and those of others in your household or of those who visit you often.
3. Where possible, avoid car sharing with those not in your household.
4. Maintain at least 2m social distancing at all times.
5. Wear a face mask/covering when 2m distancing is not possible.
6. Bring and use hand sanitiser and antiseptic cleaning wipes.
7. **Bring your own refreshments and utensils and do not share. Kitchens will probably not be available.**
8. Print your own copies of the music to be played in advance.
9. Avoid touching other people's property. Wash your hands often.
10. Be familiar with the risk assessment and the specific requirements for each venue you visit.
11. **Respect the decisions of others but do not be afraid to ask others to adhere to the protocols if you feel you are at risk.**

#### Nominated organisers of HNW events.

Ensure that a specific risk assessment has been carried out for each venue and the activities to be undertaken.

Inform participants of its requirements, especially for registration, entrance and exit and use of toilets.

If you would like to see a risk assessment that has been used by a playing group please contact Alison

on [administrator@harpsnorthwest.org.uk](mailto:administrator@harpsnorthwest.org.uk)

For government advice on meeting people outside your household, non-professional music groups see:

[www.gov.uk](http://www.gov.uk)

Covid-19 response – Spring 2021

HANDS – FACE - SPACE guidance

**Be aware that government guidelines can change with little notice!**

