

NEWSLETTER - MARCH 2021

Website: <https://harpsnorthwest.org.uk/>

Facebook: <https://www.facebook.com/HarpsNorthWest>

Editor: Gill Salter-Smith. events@harpsnorthwest.org.uk



A message from our convenor, Carol Coldwell

Hello all

Today is a beautiful spring day, if a little bit chilly! I'm definitely feeling more positive now about lockdown lifting and the possibility of us all playing together, and I hope you are too. We have a packed programme of Zoom events this spring and our membership numbers are going up, which is exciting. International membership is growing, and we've already welcomed some of our new members to our workshops. The JaNEWary Challenge was voted a big hit too by all the people who took part in the survey. We have put a date in the diary for playing the most popular of the past and the 2021 pieces, possibly both live and on Zoom. Many thanks to Mary Dunsford!



Our composition competition is moving towards its end date, and if you're still floundering but keen to do something, our own lovely Susan Lambert will be sending you all some short daily exercises to try out. These are not compulsory of course, but may help. Although we can't hold any Beginners' Workshops yet, all you novices out there might like to contact your nearest regional group and ask if you can meet them on Zoom and maybe listen at first. They're all lovely people, and playing in a group is definitely a great help to get you off the ground. Looking forward to seeing you all. **Carol**

HNW Dates for the Diary 2021 – all times are GMT/UTC

There are no live events just now. All events are on Zoom. We welcome small voluntary donations (£5) where we need to cover costs. Non-members, who wish to join a session, please join Harps North West. (£10 per adult, now until the end of June). This covers the first session and entitles you to join all sessions thereafter as a member of HNW. The membership form is found on the HNW website. Find details of how to pay into the HNW bank account towards the end of this newsletter. Please only use PayPal if you live outside the UK.

Now and until 31 st March Free to members	The HNW Composition Competition Details of what is required and how to submit your piece are given below. Susan Lambert is providing all members with daily guidance and exercises, via email, to give you the confidence to compose.	Deadline for entries 31st March.
Sun 7 th March Free to members. No need to sign up. Non-members please join HNW.	NEW EVENT Supporting Composition II. Tutor - Susan Lambert A relaxed look at ways of getting creative with our harps, using the skill set we already have. Ideal for anyone who has never composed before, unsure of where to start or just looking for ideas.	Zoom 15:00 - 17:00
Sun 14 th March Free to members. No need to sign up. Non-members please join HNW.	Playing Session for St Patrick's Day - led by Susan Lambert A chance to play Irish tunes, including O'Carolan tunes. All members will be sent the music and a Zoom meeting invitation beforehand. See below for more details.	Zoom 15:00 - 17:00
Sat 20 th March Members: Donations welcome. Non-members please join HNW.	NEW EVENT Playing session – JaNEWary Challenge pieces, 2021 and others – Tutor - Mary Dunsford All members will be sent the programme for the session beforehand. All will receive a Zoom invitation.	Zoom 15:00 - 17:00
Sun 28 th March Free to members. No need to sign up. Non-members please join HNW. The session will be recorded.	NEW EVENT Workshop led by Lauren Scott, HNW Composer in Residence 2021. Working on one of three pieces Lauren is composing for HNW. All members will be sent the music and a Zoom meeting invitation beforehand. See below for more details.	Zoom 10:00 - 12:00
Sun 18 th April Free to members. No need to sign up. Non-members please join HNW.	NEW EVENT Playing Session. The Red Rose Playing Group and others will lead Shelley Fairplay arrangements and compositions. All members will be sent the music and a Zoom meeting invitation beforehand. See below for more details.	Zoom 15:00 - 17:00
Sat 8 th May	Committee Meeting	Zoom 13:00 - 14:30
Mon 9 th to Wed 11 th August	Higham Hall - A 'Weekend' with the Harp Tutors: Jan Bennett and Mary Dunsford www.highamhall.com	Live at Higham Hall, Cumbria CA13 9SH

Fri 12 th to Sun 14 th November	Higham Hall - A Weekend with the Harp Tutors: Ailie Robertson and Wendy Stewart www.highamhall.com	Live at Higham Hall, Cumbria CA13 9SH
HNW holds a workshop, skills session or playing session at least once per month. Recently these have been held on Zoom rather than live. This will continue until the pandemic allows us to do otherwise. We are moving some of these sessions to the afternoons (GMT/UTC) in order to give more opportunity to our international members to join in. We hope to record some Zoom sessions and make them available to members. This cannot be guaranteed as it depends on the tutor/leader.		
PROPOSED WORKSHOPS, (postponed due to the pandemic). We'll keep you informed of dates from May onwards once secured.		
1. Full day: Harps for Harmony Project live recording of Pachelbel's Cannon in St Bees Priory. Director: Mary Dunsford 2. Half day live workshop: Cumbrian Tunes Tutor: Jean Altshuler 3. Full day live workshop: Tutor: Rachael Gladwin 4. Live play through: Freshwater Tears Tutor: Lauren Scott . 5. Half day workshop: Kulning Tutor: Mary Dunsford – (? June 2021?) 6. Beginners Workshop: Tutor: Mary Dunsford		

Other Dates for a Harpist's Diary 2021 (Times are GMT/UTC)

First Tuesday of each month 20:00 - 21:30 2 nd March	Shelley Fairplay's Dynamic Harps Virtual Ensemble A free offering to all harpists around the globe to come together in friendship, peace and harmony to enjoy our wonderful instrument and distract ourselves from COVID-19. Shelley also offers many other online courses. https://startharp.com/dynamic-harps-virtual-ensemble/
Begins 6th March	Shelley Fairplay Course - MODES RELOADED! Six Week Online Harp Course Exploring Modes https://startharp.com/modes-reloaded/
Mon 18th January for 8 weeks 19:00	Rachel Hair's Harp at Home. Series 3 (8 weeks) began on Monday the 18th January 2021, and will "go live" at 7pm. If you don't catch it live at 7pm, don't worry, you'll be able to watch it in your time, as the workshops will remain online for the foreseeable future. As well as learning a tune, the HARP at HOME series gives extra insight in the tradition and culture surrounding Scottish music. https://www.rachelhair.com/harpathome/
Sat 6 th March	Transpennine Harps Online Harp Festival. Tutors: Lucy Nolan and Tamsin Dearnley https://transpennineharps.org/index.html
Sat 6th March Sun 7th " Sat 13th " Sat 20th " Sat 27th "	Ailie Robertson's March workshops. Booking at: https://www.ailierobertson.com/workshops Arranging for Celtic Harp 2-6pm GMT Arranging for Celtic Harp 4-8pm GMT Tame Your Technique 3-6pm GMT Dance-Tune Dexterity 3-6pm GMT Stunning Slow Airs 3-6pm GMT
Special discount until 23 rd March	Lauren Scott – Online Course - Harp Habanera https://www.lauren-scott-harp.co.uk/store/p41/Harp_Habanera.html A multi-level course (Grade 5 to Grade 8) for lever or pedal harp
Sun 28 th March 14.30 - 15:30	United Kingdom Harp Association (UKHA) of which HNW is a member Jazz and blues workshop with Brenda Dor-Groot and Steph West from Wild Strings based on the Wild Strings book. UKHA AGM. AGM link: https://us02web.zoom.us/j/88947468311 . Alternatively use the following meeting id: 889 4746 8311
Tues 30 th - Wed 31 st March	Wales Harp Festival 2021. Director: Elinor Bennett Booking site now open: https://www.walesharpfestival.co.uk/
Fri 9 th to Mon 12 th April 2021	Fortieth Edinburgh International Harp Festival The EIHF 2021 box office is now open www.harpfestival.co.uk
Tues 27th April 20.15-21.45	Rachel Newton is playing at The Natural History Museum in a unique live-streamed performance based on the books by Robert Macfarlane and Jackie Morris 'The Lost Words and Spell Songs'. Funds in aid of the Urban Nature Project. https://www.nhm.ac.uk/events/spell-songs.html

HNW EVENTS COMING UP

The Harps North West Inaugural Composition Competition

Between now and the 31st of March we are focusing on getting creative! With advice and encouragement around having a go at composing our own music, culminating in the opportunity to win some wonderful prizes in our composition competition. Send us your pieces by the **31st of March** to be a part of it.

- Write a piece of music inspired by an image. (Photo/painting/view/anything!)
- All projects welcome, from 8 bar solo melody to a full on musical suite.
- Your composition can include other instruments but must feature the harp.
- Entries can be submitted as recordings, scores or both.
- Winning entries will be chosen by friendly harpists from outside of HNW.
- Deadline for entries is the 31st of March.



Send your entries via email to Susan on online@harpsnorthwest.org.uk

We look forward to hearing everyone's ideas. Best wishes and happy writing,
The HNW Planning Team

Bite-size Composition - The Daily Challenge

March is **Composition Month**, so with the aim of helping us all find a way into being creative with our harps, we are going to be emailing out a daily bite-size exercise.

Theme - Each day we will cover another topic / approach / idea

Theory box

With a little bit of theory/information

Example

An example of how it works

Exercise

And an exercise for you to try it out



Don't panic if you are unfamiliar with notation and theory, the exercises are going to be aimed at every level just to help us get creative. There is no right and wrong with this, just exploration of ideas.

We will be holding a **Workshop on Sunday 7th of March**, 15:00 - 17:00 on Zoom, **Supporting Composition II**, in which we will go through some of these ideas, find ways to create music from our harps, using shapes, patterns and the skills you already have at whatever your level. The workshop is open to all members. No need to sign up, the Zoom link will be sent to all members.

If you'd like to chat about ideas, have any specific questions about anything or even want to send in what you have created with your exercise, please email us at online@harpsnorthwest.org.uk.

At the end of March, as well having an opportunity to win some great prizes, with your permission, we would love to put your works together in a 'Lockdown Creations' book and album. A memento of a rather unusual year!

Please let us know if you would like to opt out of these daily exercise emails.

Playing Session - Irish Tunes with Susan Lambert

Sunday 14th March 15:00 - 17:00 on Zoom



Susan Lambert will lead members through a range of Irish tunes, including several O'Carolan arrangements.

Free to members. Non-members please join HNW.

All members will be sent the sheet music and the Zoom link beforehand - so no need to sign up.

JaNEWary Challenge Play-Through with tutor, Mary Dunsford

Saturday 20th March 15:00 – 17:00 on Zoom



A welcome chance to play through the beautiful tunes of the JaNEWary Challenge 2021 with Mary and meet other harpists from across the world! In addition Mary will select a number of favourites from the previous years' Challenges. We'll let members know what the programme will be in advance.

Members, donations welcome, but no need to sign up. Non-members please join HNW. All members will be sent the programme and the Zoom link beforehand. The full sheet music will be available to all members.

NEW - Workshop with Lauren Scott for all members

Sunday 28th March 10:00-12:00 on Zoom



Lauren Scott will be our **Composer in Residence** for the year 2021, funded by the **Arts Council**. Lauren will be writing three pieces especially for us, and into which we will have input. The pieces will all be for mixed-ability ensemble and all suggestions of themes/styles/ideas will be welcomed.

The first piece will be introduced to members on **Sunday 28th March**. Six members of the HNW committee joined Lauren on Zoom to hear the first piece. We played small snippets and commented on them. What an exciting piece it is. I am sure that we shall enjoy playing it.

Free to members. No need to sign up. Non-members please join HNW.

All members will be sent the sheet music and the Zoom link beforehand. The session will be recorded and made available to all members.

The second and third pieces will follow in June/July and October/November and hopefully we will be able to have a live performance after that. This is a great honour for HNW and we hope that all members will be able to be part of it.

Got 15 minutes? Take a break and watch **Lauren Scott** performing 4 original compositions including her exciting new duet 'Sea of Stars' with Eleanor Turner in a live session <https://youtu.be/ZdE5ndmNt4I>

HARPS FOR HARMONY 2020-21

HNW plans to hold a live recording of the piece being performed by HNW members in St Bees Priory, West Cumbria, asap.



THIS EVENT WILL HAPPEN – JUST NOT SURE WHEN, but it is getting closer!

<https://www.harpsnorthwest.org.uk/harps-for-harmony.html>

Please keep on sharing the video with your friends, family and contacts.

Still time to practise and get involved.

The Project

Pachelbel's Canon, arranged by Sylvia Woods, taught by Mary Dunsford in the **2020 HNW JanNEWary Challenge**.

<https://harpsnorthwest.org.uk/online-learning-links-/janewary-challenge-2020.html>

28th March '20, live recording postponed.

1st May '20, deadline for harpists' video submissions.

19th June Launch Day

<https://www.youtube.com/watch?v=Yv1JTuu17o&feature=youtu.be>

196 video clips. 109 harpists from across the globe. 19 young persons (youngest age 5)



The Live Harps North West Festival Summer 2021 is postponed due to the pandemic.

Watch this space for further festival news

Tips for harpists

Ailie Robertson's view on scales!

'Scales have a reputation for being among the least interesting activities we harpists face, but there is no reason scale practice should be dry and boring. In reality, scales are quite literally the basis of all our harp learning. They develop your:

- * Fingering and dexterity
- * Natural sense of tempo
- * Knowledge of keys and intervals
- * Level of discipline when it comes to practising.'

For more guidance from Ailie visit: https://fwnjn4mp.r.us-east-1.awstrack.me/L0/https%2Fwww.ailierobertson.com%2F1/01000177ab6006f1-7091339a-f26b-42fd-aa82-90e19ed9a4b5-000000/BGPPxRI-_GffdXN_9oxpQMNoDQk=201

HARPS NORTH WEST NEWS - reports on recent events



The 2021 Harps North West JaNEWary Challenge

A summary of Mary's review of the participants' responses and feedback

This year's 2021 JaNEWary Challenge consisted of three pieces by three fabulous composers: Eira Lynn Jones, Paul Lewis and Kristine Warmhold. A warm 'thank you' to all those who took part.

The following bullet points are a synopsis of stats collated on this year's 2021 HNW JaNEWary Challenge. The stats were collated by Mary (Dunsford) using 47 responses to the Feedback Survey and with reference to YouTube, FaceBook and geographical spread. In addition, teaching methods, the pieces chosen and engagement with those pieces was considered:

- Facebook showed most interest from within the UK but our European, North and South American and Antipodean cousins also featured. A truly global arena!
- YouTube showed 5,969 views in 2021. Of these, 759 were 'unique' viewers. Therefore, more than 600 viewers were non-members.
- Most people used a mixture of both the Teaching and Play Along videos available for use in the challenge.
- Half of the respondents had looked at all three pieces during the month of January.
- 27 of 47 of the Feedback Survey respondents said they plan to look further at the pieces.
- On HNW's remit to broaden musical horizons, HNW scored a whopping 2.9 out of 3. Objective achieved we think!
- The JaNEWary challenge generally 'ramps up enthusiasm for playing harp and trying out new music'.

The quotes below represent a fraction of the personal feedback received that reflect the sentiment of the challenge:

'A 'thank you' for such a wonderful selection of pieces... I love them and will continue to practice & learn more.'

'Mary's instruction was superb as always. I love her calm encouraging approach!'

'The challenge has been a Godsend during these lockdowns and Mary is so competent and cheerful.'

Any suggestions for improvement have been taken on board by Mary who will, as always, endeavour to give them her full attention for the continued enjoyment of all. **Linda Taylor**

Previous challenges are currently available on the HNW website. 2015 NEWvember, 2017, 2018, 2019, 2020

Enjoy excellent tuition from **Mary Dunsford**

<https://www.harpsnorthwest.org.uk/online-learning-links-/index.html>

Valentine's Day HNW Playing Session

Sunday 14th February 15:00-17:00

Twenty-eight members took part in this relaxed session where members shared favourite tunes. Thanks to those members who led the tunes. Here are some reflections on the session from members.



Thank you for planning and organising the Valentine's Day playing together afternoon. It was great fun. It's amazing that we're now so delighted with Zoom events, appreciating the flexibility they offer for us to 'be together' without travelling from both near and far. I loved all of the pieces we were introduced to and have added them to my ever growing 'keep practicing' box! Thanks to everyone who introduced us to their chosen piece and for sharing some wonderful background information and stories too. **Annie Allison**

What a lovely afternoon for playing harps when the other member of the household was watching the rugby. Well, after a day of hectic snowing it was a good surprise to find that some had melted away this morning. The chores were done, then the rain came. So it was a delight to listen and participate in the playing session for St. Valentine's Day with you lovely ladies and gentlemen of Harps North West.

We were welcomed by Carol and Gill. The session began with Gill taking us up to Hebridean Island of **Eriskay**, with the beautiful traditional Love Lilt arranged by **Anne Macdearmid**. Jane Freshwater filled us in saying that the song was sung by Margery Kennedy-Fraser, a Scottish soprano. It was recorded onto wax cylinders by a Father Allen!! Alice Pell told us that the song was in Songs of the Hebrides, a book with verses in as well as the music. (Felicity told us about a more advanced arrangement for the harp. It is found in the book, Sounding Strings, arrangements by Ronald Stevenson)

Carol then introduced **Perhaps Love**, composed by **John Denver**, arranged by **Susan Lambert**. Carol told us of a recording with Bryn Terfil singing it. (I didn't say that I live 25 miles from Bryn who is married to Hannah Stone who was at one time the Royal Harpist to the Prince of Wales). Mandy introduced the melody, **Moon River**, composed by **Henry Mancini** with lyrics by **Johnny Mercer**, where we could add our own accompaniment to Mandy's pleasant sounding arpeggios. That was followed by Judy leading the Robbie Burns piece - **My Love is Like a Red, Red Rose** arranged by **Sylvia Wood**. (Jane Freshwater had played the piece at a family wedding a few years ago). Ann introduced **Walking in the Rain**. Carol read out the verse, a piece written for Zac, the grandson of the composer, **Gill Lowden** who is a HNW member. We learned that this is in a book, **Outside of Time**, sold for the Multiple Sclerosis Society. We had a well-deserved break for tea and cakes.

Alice Pell introduced the tune, **Practical Magic**, composed by **Alan Silvestri**. Again we added our own accompaniment to the melody. We had a few funny minutes trying to listen to a YouTube rendition of the piece. Gill led us through **Cavatina**, composed by **Stanley Myers** and arranged by **Ann Macdearmid**. This had been played by Mandy at her son's wedding. Ann Woolley led us through **Dearly Beloved**, a piece

written by Shelley Fairplay during Lockdown. We had been introduced to this piece during a HNW workshop with Shelley a few weeks previously so we were all familiar with it. We thought it had a nostalgic medieval feel about it. Carol led **The End of the World!!** 'Why does the sun stop shining...', composed by **Arthur Kent**, lyricist **Sylvia Dean**, arranged by **Susan Lambert**. The last piece we attempted was **Rodgers and Hammerstein's You'll Never Walk Alone**, arranged by **Susan Lambert**, which has been immortalized by Captain Sir Tom Moore a few months before his passing a few weeks ago. He sang it with Michael Ball (whose grandmother lived in Mountain Ash, just two miles south of my house). **Marie Carson**

Thank you to all composers and arrangers. Sylvia Woods and Anne Macdearmid both willingly gave permission for us to use their pieces. Please consider purchasing their sheet music.

SUPPORT OUR MUSICIANS!

Rachel Newton Workshop

Sunday 21st February 10:00-12:00



Thirty-one members enjoyed this morning workshop. Read some of their thoughts below. The link to the recording of the workshop has been sent to all members giving you the chance to catch up if you missed it 'live'.

A very, very big thank you for all your hard work in organising workshops, challenges and keeping us informed of opportunities during this pandemic. It's been fantastic and very much appreciated. I really enjoyed Rachel Newton's workshop at the weekend – the music is beautiful. **Chris Shearin**

I meant to say a big thank you HNW for organising such a great workshop last Sunday. Rachel is such a fantastic teacher - I really like the way she repeats things and still makes it all so interesting! I remember the Cromarty course she taught on and so much of what she did was without sheet music. It was so different, and initially daunting, but it really made me look at shapes and patterns much more carefully. Her hints for easy accompaniments are great. I've enjoyed practising the piece with its many possible left hand options. I hope she will be back again at some point to do another workshop? **Cathryn Binns**

On a rather sunny Sunday morning, with the birds twittering in the garden above the snowdrops, signed-up members of Harps North West Zoomed into another absorbing workshop. Rachel Newton had prepared for us her own composition entitled 'Hint of Spring' (slow waltz) and we worked on this piece for the two hours of the meeting. We had a ten minute break, when Gill divided us into chat rooms, which proved popular (so I'm told, I'm afraid I took the opportunity for a break at this point).

We were given three levels of difficulty, thereby catering for all abilities/the desire or not to stretch ourselves. In the first part Rachel took us through the right hand, emphasising technique and fingering, but especially technique: good to remind ourselves of this! Soon we had the essence of the tune.

In the second half we looked at the left hand and Rachel explained how we could add as little as one note, a chord, or an arpeggio as long as it was in harmony. Adding just one note per bar (left hand), she felt, actually added a certain wistfulness to the melody. She introduced us to the idea of including grace notes, turns and 'cuts' – distinctly Scottish- and she proceeded to play us examples within the piece. These are features which can be used with other music but sound particularly well on the harp.

All too soon time was up. We finished with a play through and were left with the piece of music to work on. Sadly I mentioned this to my teacher who then declared that she would like to hear it at my next lesson. So, no rest for the wicked!

I imagine we all learned something and our very grateful thanks to Rachel for her clear and comprehensive workshop and providing us with a charming and enjoyable piece with which to improve our skills and have fun meanwhile. Thanks also to those involved in the organisation, especially Zoom and access and recording: another HNW success. **Mandy Bartlett**

FOR SALE

Harp Strings – free. A message from Keith.

I have restrung my harp with gut strings so if anyone would like a full set of SAVAREZ ALLINCE Finest Quality Carbon Harp strings Medium Gauge please contact me. **Free to good home.**

FOR SALE Unused Harp Stool as seen on Teifi Harps and Starfish Harps website Design in Harmony. It's too small for me and I left it too long to ask an exchange. Check out price new, purple heather tweed seat cover. A sensible offer only please.

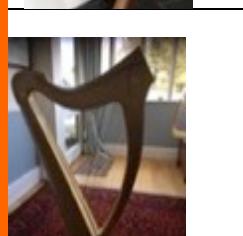
Keith Triplett, a HNW member based in the South Lakes. Email: k.triplett1946@pobroadband.co.uk Phone: +441539455015



32 String Lever Harp

32 string harp from low C to F above the stave. Made and signed by Merlin Maddock in 1985. All new strings and renovated pins. Simple hook levers.

This harp is easy to carry as it is light in weight and slim. Nice sound and a rare find. Cost £750.
Contact Ruth Wall on ruth@ruthwall.co.uk



Pilgrim Ashdown – 34 strings

£1900 includes a cover and an upholstered stool

This harp is being sold on behalf of Betty Balmain, a founder member of HNW.
Please contact Carol Coldwell on coldwellcarol@gmail.com

PLAYING GROUPS

Please contact group leaders to find out how each playing group is proceeding during these unusual times.

Participating in a playing group adds to the fun of playing. The following are contacts for the HNW open playing groups:

Harps Out West is based on the west coast, near Gosforth, usually meeting on the Thursday morning before the 3rd Friday of each month. Contact Helen on helenbrian@sky.com

Harps South Lakes are based in Ulverston and usually meet in the morning of the 2nd and 4th Wednesday of each month. Contact Hazel on hazeyhead49@gmail.com

Harps Up North are based in Watermillock, usually meeting the first Thursday morning of the month. Contact Sue on sue@dawbank.co.uk 01539 624636.

Red Rose Harps are based near Over Kellet, usually meeting on a Wednesday evening once a month. Contact Carol on coldwellcarol@gmail.com

A **NEW evening playing group** in the **North Lakes**, playing 7pm until 8.45pm at Braithwaite Hall near Keswick on the second Wednesday evening of each summer month was started in 2019 just before Lockdown One. Members will be informed when this group can restart. If you are interested please contact Gill on events@harpsnorthwest.org.uk.

The MANAGEMENT TEAM from September 2020

Carol Coldwell	Convenor Harp Hire - overview	convenor@harpsnorthwest.org.uk
Mandy Bartlett	Events: members' bookings	events@harpsnorthwest.org.uk
Susan Lambert	Website & Facebook	online@harpsnorthwest.org.uk
Cathrine Livesey		
Gill Salter-Smith	Vice Convenor Newsletter editor Higham Hall Link Membership Secretary - overview	events@harpsnorthwest.org.uk higham@harpsnorthwest.org.uk
Linda Taylor		
Ann Woolley	Secretary Treasurer - overview	
Alison Stobbs – Not a committee member	HNW Administrator from Jan 2020 Treasurer - admin & support Harp Hire - admin & support Membership - admin & support	administrator@harpsnorthwest.org.uk treasurer@harpsnorthwest.org.uk harpshire@harpsnorthwest.org.uk membership@harpsnorthwest.org.uk

Bank details for use when paying donations for HNW workshops.

Bank: HSBC

Name of Account: Harps North West

Sort Code: 40-16-22

Account Number: 81806521

For those paying HNW from outside the UK please use PayPal <http://paypal.me/HarpsNorthWest>

When paying by PayPal please choose the pay 'friends and family' option where possible to avoid charges.